



Did you know?

If you filled school buses with wheat grown every year, they would wrap around the equator ten times!  
You could make a slice of toast every day for sixty years from one acre of wheat.

### Alternative Entrée: Mini Soft Pretzel (2) & Colby Jack Cheese Cubes



### Monday



### Tuesday



### Wednesday

### Thursday

### Friday

Holy Cross is proud to administer the National School Lunch Program, offering free and reduced price lunches. Each lunch consists of a milk, meat/meat alternative, grain, fruit and vegetable. All within

recommended calorie levels, sodium levels, low fat, whole grain and just plain delicious.  
  
HCS school kids feeds children. We strive to make lunch attractive, delicious and fun.

Kitchen Manager/School Nutrition Director:  
Mrs. Peggy Loftus  
  
Kitchen Assistant:  
Mrs. Tammy Wells

Lunch Hours:  
PreK: 11:20am  
6-8<sup>th</sup>: 11:35am  
3-5<sup>th</sup>: 12:10pm  
K-2<sup>nd</sup>: 12:30pm

Hot Lunch = \$3/meal  
(milk included)

Milk = \$0.35/carton

Types of milk available in the Cafeteria:  
1% Chocolate Milk  
1% Strawberry Milk (occasional)  
1% White  
Non-fat (Skim) White

**Back to School Open House**  
**5-7pm**  
  
\*Visit the Cafeteria for a treat\*

**First Day of School**  
**1/2 Day – Early Dismissal**  
**PreK-8**  
**11:30am**

**1/2 Day**  
**Early Dismissal**  
**PreK-8**  
**11:30am**

Chicken “Giggles” Nuggets  
Doritos  
Baby Carrots  
Applesauce  
Milk

Hamburger on a Bun  
Baked Beans  
Pears  
Sugar Cookie  
Milk

Taco Salad (taco meat, tortilla chips, lettuce, cheese)  
Corn  
Apple Slices  
Milk

Corn Dog on a Stick  
Cooked Broccoli  
Peaches  
Milk

Pizza Hut Cheese Pizza  
Iceberg Lettuce Salad  
Switch Drink (variety) (sparkling juice)  
Milk

Oven Baked Bone-In Chicken  
Potato Wedges  
Cantaloupe  
Milk

Bosco Pepperoni Pizza  
Stick (marinara sauce)  
Spinach Salad  
Slush Cup (variety)  
Milk

Spaghetti with Meat Sauce  
Garlic Bread  
Peas  
Raisins  
Milk

French Toast Sticks  
Sausage Patty  
Cooked Carrots  
Mixed Fruit  
Milk

Grilled Cheese Sandwich  
Goldfish Crackers  
Cucumber Slices  
Watermelon  
Milk