



Be a part of our
School Wellness
Team!

Holy Cross School...

410 W. White St. Champaign, IL 61820 217.356.9521

Is looking for students, parents, teachers, anyone (!) to be a part of our School Wellness Team.

Time Commitment: 1 ½ hour meeting every 2 months, beginning September 2017

Meeting Location: at Holy Cross School

What's on the ~~menu~~ agenda:

- Review the current Wellness Plan in September and recommend updates
- Help create recommendations for updates and new ideas for our School Wellness Plan
- Help to administer and get those recommendations rolling

What is a School Wellness Team?

- A Wellness Team “is committed to the optimal development of every student. HCS believes that for students to have the opportunity to achieve personal, academic, developmental and social success, we need to create positive, safe and health-promoting learning environments at every level, in every setting, throughout the school year.” (USDA Food and Nutrition Service)
- We will focus on nutrition (within the context of the cafeteria, as well as snacks, celebrations, rewards), physical activity, health education and promotion, staff wellness and professional learning.

Please contact Peggy Loftus, School Nutrition Program Director/Kitchen Manager at ploftus@holycrosselem.org or 217.356.9521.

