

# *Physicals, Immunizations, Dental, and Eye Appointment Reminders for SY26-27*

- ★ Students entering Holy Cross School as **Preschoolers, Kindergarteners, 6th graders**, and all students entering Illinois schools for the first time must have their **physical exam** and immunization record turned into the school office no later than the first day of school. Thursday, August 13, 2026. Your student will be withheld from attending school if we do not receive this form by Thursday October 15, 2026.
- ★ Students entering **Kindergarten, 2nd grade, 6th grade**, and all students entering Illinois schools for the first time must have their **dental exam** turned in to the school no later than the first day of school. Thursday, August 13, 2026. Your student will be withheld from attending school if we do not receive this form by Thursday October 15, 2026.
- ★ Students entering **Kindergarten** and all students entering Illinois schools for the first time must have their **eye exam** turned in to the school no later than the first day of school. Thursday, August 13, 2026. Your student will be withheld from attending school if we do not receive this form by Thursday October 15, 2026.

The State of Illinois Department of Public Health requires incoming students to have the following immunizations.

1. Diphtheria, Pertussis, Tetanus (DPT)
  - PK students: 3 doses of DTP or DTaP by 1 year of age. One additional booster by 2nd birthday.
  - Kindergarten & 6th grade students: 4 or more doses of DTP/DTaP with the last dose being a booster and received on or after the 4th birthday.
2. Polio
  - PK students: 2 doses by 1 year of age. One additional dose by 2nd birthday. 3 doses for any child 24 months or older appropriately spaced apart.
  - Kindergarten & 6th grade: 4 dose series with the last dose on or after the 4th birthday.
3. Measles/Mumps/Rubella (MMR)
  - PK students: 1 dose on or after the 1st birthday.
  - Kindergarten & 6th grade: 2 doses of vaccine, with 1st dose received on or before 1st birthday and 2nd dose no less than 4 weeks later.
4. Haemophilus Influenzae Type B (Hib)
  - PK, Kindergarten, 6th students: Proof of immunization that complies with the ACIP recommendations for the Hib vaccine.
5. Invasive Pneumococcal Disease (PCV)
  - PK, Kindergarten, 6th students: Proof of immunization that complies with the ACIP recommendations for the PCV vaccine.
6. Hepatitis B

- PK, Kindergarten, 6th students: 3 doses appropriately spaced. Third dose must have been administered on or after 6 months of age.
- 7. Varicella (Chicken Pox)
  - PK students: 1 dose on or after 1<sup>st</sup> birthday
  - Kindergarten & 6th grade: 2 doses: 1st on or after 1st birthday, 2nd dose no less than 4 weeks later.
- 8. Meningococcal Disease (MCV4, MenACWY)
  - 6th grade students: 1 dose of meningococcal conjugate vaccine.
- 9. Lead Screening
  - Kindergarten students: all incoming kindergarten students must be assessed for risk of lead exposure and screened if necessary.
- 10. Diabetes Screening
  - Each yearly physical should include a screening by a doctor for the development of type 2 diabetes.

## *Reminder to Parents of IESA Athletes for SY26-27*

If your child will be participating in any sport during the 2026-2027 school year, a current physical or sports physical must be submitted to the school office before practice begins for that sport. Physicals expire one year from the date on the current form. IESA grants a 30-day grace period to obtain a new physical. Health insurance will not approve a new health physical unless 365 days +1 have passed. If your child's physical expires mid-year, the school office will notify you of the upcoming expiration date. Your child will be excluded from practices and games if his or her physical has expired past the 30-day grace period. Convenient care and pediatricians can also issue a IESA/IHSA Sports Physical, which is different from the annual health physical. Sports physicals can be obtained at any time during the calendar year.

### *Sports offered at Holy Cross*

Baseball (boys)	Cross Country (boys & girls)	Soccer (co-ed)
Basketball (boys & girls)	Golf (boys & girls)	Softball (girls)
Cheerleading (co-ed)	Volleyball (girls)	Bowling (boys & girls)
Scholastic Bowl (co-ed)	Track & Field (boys & girls)	